

Grown

Music: Little Mix - Get Weird (Deluxe Edition)
Choreo: Pascal Freundlich, pascal.freundlich@gmail.com
Oliver Kromer
taught at the ECTA Clogging Convention 2023

Level: Advanced
Time: 2:37
BPM: 87

Sequence: **A B C A B C D C C**

Wait 32 beats, start with L

Part A: (32 Beats)

Gregory Touch Basic DS H(ots) CLK(H) HOP TCH DS RS
L R both L R R LR
R L both R L L RL
&1 e & a 2 &3 &4

Fake Gregory DS H p S H p DS RS
mod. L R R L L RL
R L L R R LR
&1 e & a 2 &3 &4

repeat once - opposite footwork - then add:

Dirty Toe DS(xif) SLR(fwd) UP/H
L R R L
&1 & 2

Rhythm DS DT S S
R L L R
&1 e& a 2

Triple Toe Knock DS TCH(ib) S TCH(ib) S TCH(ib) S TCH SL
L R R L L R R L R
&1 e a 2 & a e & 4

Fancy Double DS DS RS RS
L R LR LR
&1 &2 &3 &4

GreggaCramp DS H(ots) CLK(H) JMP TCH BA BA H H RS
L R both R L L R L R LR
&1 e & a 2 & + + 3 &4

Part B: (32 Beats)

Rhythm Slide DS DT S S S S S SL
L R R L R L R R
&1 e& a 2 & 3 & 4

Cramp Roll BA BA H H RS
& Rock Step L R L R L
R L R L R
& + + 1 &2

Basic DS RS
L RL
R LR
&1 &2

repeat Cramp Roll, RS & Basic once - opposite footwork - then add:

Grown BA BA H H BA BA H H
L R L R L R L R
1 & 2 & 3 e & 4

Sequence: A B C A B C D C C

| | | | | | | | | |
|--------------|-----------|------------|-----|-------|-----|------------|--|--|
| Stamp & Snap | STA | Snap | | | | | | |
| | L | both hands | | | | | | |
| | 1 | 2 | | | | | | |
| | | | | | | | | |
| 3 Twistabing | DT TWIST | TWIST/H S | SLP | S H S | | Snap | | |
| | L both(L) | R L L | R R | L L | L L | both hands | | |
| | R both(R) | L R R | L L | R R | R R | both hands | | |
| | &a 1 | & 2 | e | & a 3 | | 4 | | |
| | | | | | | | | |
| Twist mod. | DT TWIST | TWIST/H S | | | | | | |
| | R both(R) | L R R | | | | | | |
| | &a 1 | & 2 | | | | | | |

Part C: (16 Beats)

| | | | | | | | | |
|----------------------|-----------|--------|-----|-----|-----|-----|-----|----|
| Gregrolls | DS H(ots) | CLK(H) | JMP | DS | DS | DS | R | |
| | L R | both | R | L | R | L | R | |
| | &1 e | & | a | 2e& | a3e | &a4 | & | |
| | | | | | | | | |
| Double Rolls half | S DS | DS | DS | DS | R | | | |
| | L R | L | R | L | R | | | |
| | 1 e&a | 2e& | a3e | &a4 | & | | | |
| | | | | | | | | |
| Step Sonic | S DT | BA | TCH | BA | DT | BA | TCH | SL |
| | L R | R | L | L | R | R | L | R |
| | 1 e& | a | 2 | & | a3 | e | & | 4 |
| | | | | | | | | |
| Grown | BA | BA | H H | BA | BA | H H | | |
| | L R | L R | L R | L R | L R | L R | | |
| | 1 | & | 2 | & | 3 | e | & | 4 |

Part D: (16 Beats)

| | | | | | | | |
|-------------|---------|-------------|-------------|------------|-----------|-----------|----|
| 2 Twin Finn | DS(xib) | R(ots) | H(w & T in) | FLP(T out) | T(ib) | FLP(T in) | S |
| | L | R | L | L | R | L | R |
| | R | L | R | R | L | R | L |
| | &1 | & | 2 | & | 3 | & | 4 |
| | | | | | | | |
| | R | H(w & T in) | FLP(T out) | T(ib) | FLP(T in) | S | RS |
| | L R | | R | L | R | L | RL |
| | R L | | L | R | L | R | LR |
| | & 5 | | & | 6 | & | 7 | &8 |
